



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1 10.00 1-1 Rom Visits 10.30 Whiteboard Activity 10.30 Art Group 1.30 Carpet Bowls 1.00 Knitting Group 2.30 Afternoon Tea	2 Belmont Singers 10.00 1-1 Room Visits 10.00 Hairdresser 10.30 Shuffleboard 11.00 Catholic Church 1.30 Belmont Singers 2.00-4.00 Memory Support Unit Activities 2.30 Afternoon Tea	3 10.00 1-1 Room Visits 10.15 Café Grove Morning Tea 11.00 Exercises & Sing A Long 1.30 Bingo 1.30 Scrabble Game 2.00 Happy Hour 2.00-4.00 Memory Support Unit Activities 2.30 Afternoon Tea	4 10.00 1-1 Room Visits 10.30 Exercises/Quiz 1.30 Bingo 2.30 Afternoon Tea	5 10.00 1-1 Room Visit 11.00 Newspaper/ Quiz 11.30 Songs of Praise East Wing 1.30 Games Afternoon 1.30 Movie-Netflix East Wing 2.30 Afternoon Tea
6 Portarlington Golf Club Luncheon 10.00 1-1 Room Visits 10.30 Hoy Cards 11.30 Portarlington Golf Club Luncheon 1.30 Bingo 2.30 Afternoon Tea	7 10.00 1-1 Room Visits 10.30 Allied Health Exercises / Quiz 10.30 Oak Active Games 11.00 Anglican Church 1.30 Shuffleboard Comp 2.30 Celebration Cake	8 Suzie Playing the Harp 10.00 1-1 Room Visits 10.00 Pet Therapy 10.30 Exercises/ Quiz 10.30 Art Group 1.30 Suzie playing the Harp 2.30 Scrabble 2.00-4.00 Memory Support Unit Activities 2.30 Afternoon Tea	9 10.00 1-1 Room Visits 10.30 Word Game 10.30 Oak Active Games 1.30 Hookey/Balloon 1.30 Cooking Group (Cup Cakes) 2.00-4.00 Memory Support Unit Activities 2.30 Afternoon Tea	10 Chord Club & High Tea 10.00 1-1 Room Visits 10.15 Café Grove Morning Tea 10.30 Knitting Group 11.00 Shuffleboard 10.00 Nail Pumper 1.30 Mother's Day celebration. Entertainment Chord Club & High Tea	11 10.00 1-1 Room Visits 10.30 Music & Cappuccino (East Wing) 1.30 Bingo 1.30 Movie-Netflix 2.30 Afternoon Tea	12 Mother's Day 10.00 1-1 Room Visits 11.00 Newspaper /Quiz 11.30 Songs of Praise East Wing 1.30 Guest Speaker Wayne Long Mother's Day Special 1.30 Movie- Netflix East Wing 2.30 Afternoon Tea
13 10.00 1-1 Room Visits 10.30 Hoy Cards 10.30 Oak Art & Craft 1.30 Bingo 2.00-4.00 Memory Support Unit activities. 2.30 Afternoon Tea	14 10.00 1-1 Room Visits 10.30 Quiz /Cooking 10.30 Oak Active Activities 11.00 Uniting Church 1.30 Shuffleboard Comp 2.30 Celebration cake 2.00-4.00 Memory Support Unit Activities	15 10.00 1-1 Room Visits 10.30 Exercises / Quiz 10.30 Art Group 1.00 Knitting Group 1.30 Fun & Games 2.00-4.00 Memory Support Unit activities 2.30 Afternoon Tea	16 10.00 1-1 Room Visits 10.00 Hairdresser 10.30 Shuffleboard 11.00 Catholic Church 12.00 National Barbecue Day Luncheon 1.30 Whiteboard Activity/ Milkshakes 2.00-4.00 Memory Support Unit Activities 2.30 Afternoon Tea	17 2.30 Afternoon Tea 10.15 Café Grove Morning Tea 11.00 Allied Health Exercises /Quiz 11.00 Scrabble Game 10.00 Nail Pumper 1.30 Bingo 2.00 Happy Hour 2.30 Afternoon Tea	18 10.00 1-1 Room Visits 10.30 Exercises /Quiz 1.30 Bingo 1.30 Movie-Netflix 2.30 Afternoon Tea	19 10.00 1-1 Room Visits 11.00 Newspaper/ Quiz 11.30 Songs of Praise East Wing 1.30 Games Afternoon 1.30 Movie-Netflix East Wing Lounge 2.30 Afternoon Tea
20 10.00 1-1 Room Visits 10.30 Hoy 10.30 Oak Music and Moves 1.30 Bus Outing & Ice-cream 1.30 Bingo 2.00-4.00 Memory Support Unit activities. 2.30 Afternoon Tea	21 10.00 1-1 Room Visits 10.30 Allied Health Exercises/Quiz 10.30 Oak Art & Craft 1.00 Knitting Group 1.30 Carpet Bowls 2.30 Celebration Cake 2.00-4.00 Memory Support Activities	22 10.00 1-1 Room Visits 10.30 Quoits 10.30 Art Group 11.30 Walking Group Luncheon Chinese 1.30 Whiteboard Activity 2.00-4.00 Memory Support Unit Activities 2.30 Afternoon Tea	23 10.00 1-1 Room Visits 10.30 Hoy Cards 10.30 Oak Active Games 1.30 Bingo/Milkshakes 2.00-4.00 Memory Support Unit Activities 2.30 Afternoon Tea	24 Derek Redfern 10.00 1-1 Room Visits 10.15 Café Grove Morning Tea 11.00 Exercises /Quiz 10.00 Nail Pumper 1.30 Entertainment Derek Redfern 2.30 Afternoon Tea	25 10.00 1-1 Room Visits 10.30 Exercises / Newspaper Reading 1.30 Bingo 1.30 Movie-Netflix 2.30 Afternoon Tea	26 10.00 1-1 Room Visits 11.00 Newspaper / Quiz 11.30 Songs of praise East Wing 1.30 Games Afternoon 1.30 Movie-Netflix East Wing Lounge 2.30 Afternoon Tea
27 10.00 1-1 Room Visits 10.30 Shuffleboard 1.00 Knitting Group 1.30 Ten Pin Bowls 2.00-4.00 Memory Support Unit activities 2.30 Afternoon Tea	28 10.00 1-1 Room Visits 10.30 Allied Health Exercises/ Quiz 10.30 Oak Active Games 1.30 Shuffleboard Comp 2.30 Celebration Cake	29 Cultural Day 8.00 Hot Breakfast 10.00 1-1 Room Visits 10.30 Exercises/Quiz 10.30 Art Group 1.30 Cultural Day Brazil Quiz / Armchair Travel / Food Tasting 2.30 Afternoon Tea	30 10.00 1-1 Room Visits 10.30 Hoy Cards 10.00 Hairdresser 1.30 Bingo / Milkshakes 2.00-4.00 Memory Support Unit Activities	31 10.00 1-1 Room Visits 10.15 Café Grove 11.00 Shuffleboard 11.00 Nail Pumper 1.30 Bingo 2.00 Happy Hour 2.30 Afternoon Tea	<div data-bbox="2080 1690 2873 1976" data-label="Image"> </div>	

THIS MONTH

Welcome to our May Calendar 2024. Highlights this month include a wonderful choice of Music entertainers, A Guest Speaker and a High Tea celebrating Mother's Day. Hope you are enjoying the variety of activities to help make your day enjoyable while having fun.

Allied Health are continuing the exercise program. Drew will commence at 10.30 for an advanced standing session followed by seated exercises. This will focus specifically on falls, balance and maximize independence and strength.

Cooking Group

We welcome residents to join our cooking group making Cup Cakes this month.

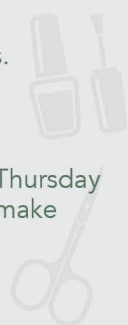
How we start our mornings

Most mornings we start our day with one-to-one visits with individual people in their rooms. During these visits we offer such services as reading materials, puzzles or we can even simply spend time having a chat.

Time again for Surveys please take the time to answer a few questions.

Spoil yourself with Pamper sessions. Ask our friendly Lifestyle ladies.

Stone's Hairdressing every second Thursday 10.00am. Ask your friendly staff to make your booking for you.



Happy birthday to all those having a Birthday celebration in May!

Bus Tours and Luncheons are available this month. Please book your seat early.

New Program commencing, no need to ever feel lonely. Join a Likeminded friend / Companion for a coffee and chat.

Enjoy the Jigsaw puzzle set up in the common Lounge area for all residents to share.

Active games are available on Saturday and Sundays everybody is welcome to join in.

Games available in the Greenroom on the weekends please help yourself anytime.

Pet Therapy enjoy a cuddle with our furry friends, Marley, Daisy or meet Harvey the sheep Dog.

Hairdresser

Stone's Hairdressing every second Thursday 10.00am. Ask your friendly staff to make your booking for you.

Games available in the Greenroom on the weekends please help yourself anytime.

Active games are available on Saturday and Sundays everybody is welcome to join in.

Signing off from your friendly Lifestyle Team Suzie Lifestyle Coordinator, Ellen, Eve, Julie-Anne, Marie and our wonderful Volunteers

DATES TO REMEMBER

Catholic Church Service
will be held 1st & 3rd Thursday.

Anglican Church Service
1st Tuesday of the month

Uniting Church Service
2nd Tuesday of the month

Thursday 2nd
Entertainment Belmont Singers

Wednesday 8th
Entertainment Suzie on the Harp Player

Friday 10th
Mother's Day Special Entertainment
the Chord Band & High Tea

Friday 24th
Entertainment Derek Redfern from Young
Talent Time

Wednesday 29th
Hot Breakfast (Eggs cooked to your liking)



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